



IRAQ VETERANS AGAINST THE WAR ★ IVAW.ORG

President Obama:

In your recent comments on the Fort Hood tragedy, you stated "These are men and women who have made the selfless and courageous decision to risk and at times give their lives to protect the rest of us on a daily basis. It's difficult enough when we lose these brave Americans in battles overseas. It is horrifying that they should come under fire at an Army base on American soil." The fact is Mr. President, we have been losing these brave souls on American soil for years, due to the mental health problems that come after deployment, which include post-traumatic stress disorder, and increasingly, suicide.

You also said, "We will continue to support the community with the full resources of the federal government." In addition to the FBI and Homeland Security personnel, what we need is full mental health care for all soldiers serving in the Armed Forces. What happened at Fort Hood has made it abundantly clear that the military mental health system, and our soldiers, are broken.

You stated that "As Commander-in-Chief, there's no greater honor but also no greater responsibility for me than to make sure that the extraordinary men and women in uniform are properly cared for." We urge you to carry out your promise and ensure that our servicemembers indeed have access to quality mental health care. The Army, for example, has only 408 psychiatrists — military, civilian and contractors — serving about 553,000 active-duty troops around the world. This is far too few, and the providers that exist are often not competent professionals, as this incident shows. Military wages cannot attract the quality psychiatrists we need to care for these returning soldiers.

We ask that:

1. Each soldier about to be deployed and returning from deployment be assigned a mental health provider who will reach out to them, rather than requiring them to initiate the search for help.
2. Ensure that the stigma of seeking care for mental health issues is removed for soldiers at all levels—from junior enlisted to senior enlisted and officers alike.
3. Ensure that if mental health care is not available from military facilities, soldiers can seek mental health care with civilian providers of their choice
4. Ensure that soldiers are prevented from deploying with mental health problems and issues.
5. Stop multiple redeployments of the same troops.
6. Ensure full background checks for all mental health providers and periodic check ups for them to decompress from the stresses they shoulder from the soldiers they counsel to the workload they endure.

Mr. President, we hope that you will make the decision not to deploy one single Fort Hood troop without ensuring that all have had access to fair and impartial mental health screening and treatment.

You have stated on a number of occasions how important our military and veterans are to this nation. The best way to safeguard the soldiers of this nation is to provide all of our troops with immediate, personal and professional mental health resources.

Very Respectfully,

Iraq Veterans Against the War